



Accession Number: **A0902160068**
 Reference Number:
 Patient: **Sample Report**
 Age: 47 **Sex: Male**
 Date of Birth: 02/05/1962
 Date Collected: 2/15/09
 Date Received: 2/16/09
 Report Date: 2/16/09
 Telephone: (770) 446-4583
 Fax: (770) 441-2237
 Reprinted:
 Comment:

Ordering Physician:

Metamatrix

3425 Corporate Way
 Duluth, GA 30096

0076 Bloodspot IgG Food Antibody Assay (30 Antigen)

Methodology: ELISA

Negative	Foods to Avoid		
	Mild +1 and +2	Moderate +3 and +4	Severe +5

Aspergillus
 Beef
 Cantaloupe
 Cashew
 Chicken
 Corn
 Crab
 Garlic
 Lobster
 Oat
 Orange
 Pea, Green
 Pork
 Rice
 Salmon
 Shrimp
 Soybean
 Strawberry
 Tomato
 Tuna
 Turkey
 Walnut
 Wheat

Almond
Mustard
Pinto Bean
Sunflower

Egg, Whole
Milk

Peanut

Responses reflect IgG levels measured by ELISA with standardized food extracts. The assay yields semi-quantitative antibody concentrations for each food. The concentration readings are categorized into four reaction levels (Negative, Mild, Moderate, or Severe) corresponding to semi quantitative responses (0/1, +1, +2, +3, +4 and +5), based on relative absorbance readings. The likelihood of adverse reactions to a given food increases as the response level for that food becomes more positive.

These test results are not for the diagnosis of disease. They are intended to provide nutritional guidelines to qualified healthcare professionals with full knowledge of patient history and concerns to assist in their design of an appropriate healthcare program.

